

Age  
0-3

**Autumn colour**

**With your child, choose an autumnal tree you can stand under together (let them lead).**



When you arrive at the chosen tree, **ask your child to close their eyes.**  
**Ask them:**

What can you hear?  
What can you smell?  
What can you feel under your feet?



**Look up...** What can you see hidden in the branches of the tree? **Act out some of the things that you see around you.**

- Flap your arms like a bird.
- Hold your arms high and sway like a branch in the wind.
- Bury acorns like a squirrel.



**With your child, look closely under the tree together.** Can you find a variety of colourful leaves? Look for yellow, brown, red, orange, green and purple.



**Walk through the leaves together.**  
What sound does it make?



**With your child, visit a variety of vibrant autumnal trees with different coloured and shaped leaves.**  
Group the leaves by colour and shape.



Feel the leaves and follow the veins with your finger.

Take a few leaves home to make leaf rubbings.



**Touch the bark and roots together. Ask your child:**  
Does the bark feel rough or smooth?  
How far do the roots reach?

Can you hear anything inside the trunk of the tree?

Can you see any patterns?  
Trace them with your finger.

## Did you know?

Look out for the distinctive leaves of the maple tree, which has five finger-like points. These trees are well known for their rainbow of different colours and their sap, which makes yummy maple syrup. Why not head down to the maple collection near the Shirley Sherwood Gallery of Botanical Art?